



LEVERAGING EMOTIONAL INTELLIGENCE FOR CAREER SUCCESS

**Interactive session | Hands on experience |
Emotional Intelligence (EI) assessment.**

Module 1: Leveraging EI for *Impulse Control*

1. Delayed Gratification Needs
2. Anger Management
3. Taking informed decisions

Module 2: Leveraging EI for *Handling Diversity*

1. Resilience
2. Self Compassion

Module 3: Leveraging EI for *Relationship Management*

1. Understanding and managing social cues
2. Persuasion

Module 4: Leveraging EI for *Enhanced Leadership skills*

1. Emotional Bank account
2. 4C's of Trust building leadership

Note : The Modules are independent of each other and is client specific. Each Session is 3 hrs duration.

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