

**2 DAY TRAINING
ON**

**EMOTIONAL INTELLIGENCE
MASTER CLASS**

Conducted by
Dr. Uma Warriar
Emotional Intelligence Trainer
Profile : www.linkedin.com/drumawarrier

**Interactive session | Hands on
experience | El assessment.**

Details on the next page



Training Objectives

1. To enhance psychological health of participants through conceptual awareness
2. To identify personal strengths and interests for future career alignment
3. Individual personality type profiling for improved self-awareness

Day 1

- a) Introduction to Emotions and Emotional Intelligence (EI)
- b) Dimensions of Emotional Intelligence

Day 2

- a) Intrapersonal and Interpersonal dimensions of EI
- b) Tools and Techniques of EI

Mode of Delivery : Webinar/Classroom consisting of participant centric lectures, activities, scenario analysis, EI profiling and discussion

FOR INQUIRIES, KINDLY CONTACT US AT:



+91 80881 63756



www.surendranathwarrier.com



info@surendranathwarrier.com